



**IN DECEMBER'S NEWSLETTER**

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**KAREN'S KORNER**

Who can believe it's already *THAT TIME OF YEAR* again?! We've got some exciting things lined up for our residents throughout December so take a look at the details on page 3.

I was hoping we could have the lounge re-decorated by Christmas, but there's been a delay with the workman. The good news is that we can now go ahead and put up the Christmas decorations on Monday, 4th as we originally planned. Decorating the tree might take up a good part of the day, so if you'd like to come and give us a helping hand from 10 a.m. onwards, you'll be welcomed with open arms.....and some sherry & mince pies! As the Tesco advert says "*Every Little Helps!*"

***A VERY MERRY XMAS & HAPPY NEW YEAR  
TO EVERYONE***

**The residents remembered our war heroes on Remembrance Sunday**



**BIRTHDAYS**

**There were no resident birthdays in November, but two of our team celebrated special ones. Hazel reached the big 6-0 and a week later Sam turned 18. Congratulations to you both!**



**Kerry, Sarah H, Carol M & Tammy all have December birthdays—many happy returns everyone**

**ST ANDREW'S DAY**

**THE CHRISTMAS DECORATIONS MIGHT BE GOING UP SOON .....BUT WE DIDN'T FORGET ST ANDREW'S DAY AT THE END OF NOVEMBER. OUR RESIDENTS ENJOYED TATTIE SCONES & SHORTBREAD FOR TEA!**



**DAY CARE**



**One of the least known of the services we provide is our day care service. People can come in to Kepplegate for a full day or a half day and enjoy the company of our residents & carers. Freshly-cooked meals and snacks are served throughout the day and there is always something to watch or do.**

**Day care is ideal if you are the sole carer for a loved one, but need some time to yourself and to re-charge your batteries, knowing that the person you care for is in a safe and companionable environment.**

**If you think we can help, please give us a call or pop in to discuss your requirements.**

**KEPPLEGATE NEWS**



*We don't let a small thing like floods stop us from working! Here's Sarah Mc wading to her domiciliary visits in Pilling*



*Karen & Veronica get busy choosing the new wallpaper for the lounge*



*Bob & Christie entertain our residents*



*Pauline's dog, Louis, didn't like the fireworks—he's such a wimp!*

**DECEMBER DIARY**



**4TH DEC:** KEPPLEGATE'S XMAS DECORATIONS GO UP—JOIN US FOR SHERRY & MINCE PIES.

**6TH DEC:** HAMBLETON W.I. XMAS PARTY

**8TH DEC:** KEPPLEGATE RESIDENTS' XMAS PARTY, STARTING FROM 11.30 A.M. & ENDING AT APPROX. 3 P.M.

**13TH DEC:** FLEETWOOD'S CHARITY SCHOOL COMING TO SING CAROLS & RECEIVE OUR FUNDRAISING CHEQUE AT 10.30 A.M.

**18TH DEC:** DOMIINIC ENTERTAINS AT 2 P.M..

**19TH DEC:** CARTER'S SCHOOL COMING TO SING XMAS SONGS AT 10.30 A.M.

**21ST DEC:** ST OSWALD'S XMAS PARTY—SOME RESIDENTS WILL ATTEND

**22ND DEC:** CHILDREN'S OVER WYRE BRASS BAND ENTERTAIN AT 2 P.M.

**23RD DEC:** PILLING BRASS BAND PLAYS CAROLS AT KEPPLEGATE

**29TH DEC:** A SPECIAL TREAT! SCOTTISH PIPER, MALCOLM SMITH, WILL PLAY IN THE NEW YEAR (ALBEIT SLIGHTLY EARLY!) & CHAT TO RESIDENTS ABOUT THE BAGPIPES AT 2 P.M.



## VOLUNTEERS

The 5th December is International Volunteer Day and gives an opportunity to recognise the value of volunteers and the contribution they make to local communities, including care homes. Although a number of care homes have active volunteer groups making a significant contribution to the lives of residents, the use of volunteers in care homes is still not widespread. However, volunteering can not only help to improve the lives of residents, but can also provide learning opportunities and work experience for young people and job seekers—and fulfilment and a sense of purpose for older people who may still want to make a useful contribution to their local community.

Here at Kepplegate we actively welcome volunteers so if you, or someone you know, would like to become a volunteer, please call in for a chat at any time.



### **CHRISTMAS DAY MENU**

Prawn Cocktail  
\*\*\*\*\*  
Roast Turkey & Cranberry Sauce  
Pigs in Blankets  
Stuffing & Gravy  
Roast & Creamed Potatoes  
Brussels Sprouts  
Carrot & Swede Puree  
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Christmas Pudding & Brandy Sauce  
\*\*\*\*\*  
Coffee & Mints  
\*\*\*\*\*

**Buffet Tea**



### **BOXING DAY MENU**



Homemade Cream of Mushroom Soup

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Salmon En Croute with a  
Dill Sauce  
New Potatoes  
Asparagus & Carrot Batons

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Traditional Sherry Trifle

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Coffee & Mints

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**Buffet Tea**



### **NEW YEAR'S DAY MENU**

Homemade Cream of Vegetable Soup  
\*\*\*\*\*  
Roast Beef  
Yorkshire Pudding  
Roast & Creamed Potatoes  
Broccoli & Baby Carrots  
Creamed Horseradish Sauce  
Gravy  
\*\*\*\*\*  
Panettone Pudding with Cream  
\*\*\*\*\*  
Coffee & Mints  
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**Buffet Tea**



If you'd like to join your loved one who lives in Kepplegate for any of the festive meals, please let us know so that we can give accurate numbers to our cooks.